Do you:

I S	ee yourself as a caring people person
	ike to support people in a direct and practical
	way Prefer working as part of a team in a fixed
~	workplace

What do Residential Aged Care Workers do?

These frontline staff support residents with everyday life activities to maintain their wellbeing. Many of these roles are at entry to mid-skill level with a diverse range of career pathways. Some key work tasks include assisting residents with:

- > daily activities like taking medication, eating meals, showering and other personal care
- other activities that support residents to maintain their hobbies and interests and connect with other residents in the facility or the wider community.

Employers may refer to these roles as:

- > Personal Carer, Personal Care Assistant, Residential Carer, Assistant in Nursing
- Personal Support Worker, Residential Support Worker, Respite Worker
- Direct Support Supervisor / Team Leader

Sounds interesting?

Check out the key attributes and skills for the role below:

Key attributes - employers often look for someone who:

- □ *communicates really well* with people and can build rapport with residents
- □ has a genuine *interest in people* along with empathy, care, respect and patience
- is *reliable*, dependable, and trustworthy
- □ is a *good team player* and *flexible* (with good availability to cover a variety of shifts)
- □ is *attentive and aware* with good attention to detail and the needs of others

Skills and accreditations employers often require:

- good literacy and numeracy (for example to calculate medication dosages)
- □ current First Aid Certificate (essential for some roles)
- □ current police check and Working with Vulnerable People clearance (varies between states)
- entry qualifications (while these are not mandatory, many employers will require you to hold, or be working towards, a Certificate III in Individual Support. Some employers offer traineeships.)