



Australian Government



# Walking with you as you raise your kids



A free and voluntary  
service for parents and  
carers raising kids under 6

# What is Parent Pathways?

Parent Pathways is a free and voluntary service that supports you and your family. If you're raising kids under 6, we are here to walk alongside you to help you work towards your goals.

It's delivered by trusted local providers and gives you support that fits around your life with no pressure, no judgement.

You'll yarn with a mentor who listens and helps you work towards your goals, whether that's parenting, housing, study, healing or getting ready for work.

It's your journey, your way, with support that works around you and welcomes your whole family.



# How we can support parents, carers and kin

You don't have to know exactly what you need – we'll work it out together. Here are some of the things people often get help with:

## Support with daily family life



Help finding or paying for childcare



Support during tough times (housing, bills, food)



Linking with mob friendly support services like financial information, health services and community groups



Driving support – like getting your licence or booking lessons

## Help with study, training or learning something new



Support to enrol in a course or training – short, long, online, or something hands-on (like First Aid or a driving licence)



Help with learning costs – like a computer, course fees, uniforms, books, or equipment



Support with reading, writing, or speaking English



Yarn about your goals and explore new study or training options

## Getting ready for work (if and when you're ready)



Help building confidence to start looking for work



Connecting with jobs that work around your family



Writing a resume or practising for interviews



Support with transport, phone credit or work gear

## A mentor by your side



A trusted mentor to yarn with – someone who will take the time to get to know your goals



Someone who checks in, listens, and helps you plan your next steps



No judgment, no pressure – just support that fits around your life

Support might look a bit different depending where you live, but we're here to walk with you and help find what fits best for you and your family.





# Are you eligible?

You might be eligible if you have a child under 6, you live in an area where there's a Parent Pathways provider, you're not currently in paid work, and you're getting one of these payments from Centrelink:

✓ Parenting Payment;

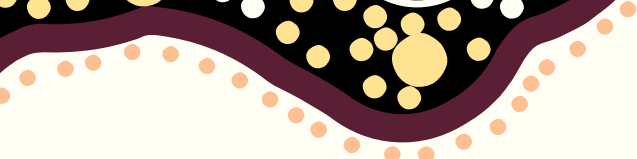
✓ Carer Payment; or

✓ Special Benefit.

**If you are not getting any Centrelink payments, you could still be eligible.**

If you're a First Nations parent or carer, you left school early and don't have a Year 12 certificate, or you're under 22, it's worth having a chat.





## Do you need more information?

You can find more information on Parent Pathways at:  
[dewr.gov.au/parentpathways](https://dewr.gov.au/parentpathways)



In language audio is available on the website.

## The first step is reaching out

You can contact Parent Pathways by calling our National Customer Service Line on **1800 805 260**, or by getting in touch with your local provider, which you can find on the [\*\*Workforce Australia website\*\*](#).

Once you reach out, someone will get in touch for a relaxed yarn – over the phone, in person, walking together or whatever suits you best to feel confident and safe.

You can bring the kids and even a support person and ask questions at any time.

**There's no pressure, just a conversation.**

**We're here when you're ready.**

**No wrong door. No shame. No pressure.  
Just support that fits around your life.**

